



To: Community Representatives

From: Thomas Gallagher, Ph.D., Director
Office of Community Liaison
National Institutes of Health (NIH)

Date: September 2002

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

I want to thank and commend all of the members of the CLC for their efforts in helping to craft a fence solution that so genuinely serves the best interest of the neighborhood and the needs of NIH. During this process, it has been an ongoing pleasure getting to know each of the CLC members and becoming increasingly acquainted with the immediate community. It is an honor for me to work for NIH, which Dr. Zerhouni has correctly described as a national treasure, and it is a delight to live and work in such a pleasant and supportive community as Bethesda/Chevy Chase.



Thomas Gallagher, Ph.D.

We of the CLC clearly have challenges ahead of us, but I'm convinced that by working together and remaining ever respectful of each other's needs and dreams we can continue to protect our present and build our future. Many years of living in the third world and working with people who have no meaningful life choices have made me ever vigilant to protect the quality of life that we all so abundantly enjoy here in the United States. To do that, I have become increasingly convinced that sincere collaboration and honest dialogue are the most successful tools available to us as community members. Already, working with each of you on the CLC has reinforced those beliefs.

Our most recent CLC meeting is an excellent example of successful dialogue, resulting in meaningful collaboration, culminating in responsible and thoughtful resolution of needs. The NIH perimeter fence will be both aesthetically pleasing and functionally secure. It will be a protective perimeter for NIH and a pleasant surrounding to the campus. It will also change pedestrian traffic patterns, and that was the dilemma. Dr. Zerhouni's mandate was clear. We must do our utmost to protect NIH but we must do equally as much to be considerate of our neighbors and to mitigate any inconvenience our needs may cause. Most serious of the inconveniences created was the need to provide uninterrupted and unhampered pedestrian access to the Medical Center Metro. The riddle was how to interrupt traditionally established pedestrian traffic paths and yet not interrupt pedestrians traveling to the Metro.

Fortunately, not knowing an answer doesn't mean that an answer doesn't exist; it often just means that we don't yet know the answer. So the dialogue began. Ideas flew. Ideas crashed and burned. New ideas

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The Community Liaison Council (CLC) will hold its next meeting on **Thursday, September 19, at 4 p.m.**, in the Natcher Conference Center, Building 45, Conference Room F.

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emerged, then merged, then began to coalesce into a workable plan. What seemed so difficult suddenly seemed obvious. As part of the NIH efforts to ensure perimeter security, a perimeter shuttle could be provided as an extension to the existing shuttle service currently in operation for NIH employees. Residents in the community surrounding the NIH Bethesda campus would be able to simply take advantage of the existing perimeter shuttle.

Ah, but the devil is ever in the details. But not this time. The details are straightforward. The shuttle will follow a loop route, departing from the Medical Center Metro Station and proceeding south on



OCL Director Dr. Thomas Gallagher (right) with CLC Rep Jack Costello

Rockville Pike, taking four consecutive right-hand turns onto Woodmont Avenue, Battery Lane, Old Georgetown Road, and Cedar Lane before completing the circuit with another right turn onto Rockville Pike and back to the Metro. The total circuit time (allowing for six stops)—approximately 15 minutes. Stops along the route will be spaced at convenient spots, primarily using Montgomery County Ride-On Transit stops already existing on the route. In those cases, an NIH shuttle marker would simply be added to the existing signage. Hours of operation would be 6:30 a.m.–7:30 p.m., Monday–Friday.

The benefits of this plan are numerous. Multiple shuttle stops will increase convenience for all riders. All riders will travel in a climate-controlled environment. The shuttles will be operated by professional drivers who possess a commercial driver's license. Furthermore, the shuttles will be accessible to people with physical disabilities and will operate on a timely schedule. The exterior path of the shuttle ensures that the interior campus security is maintained. Best of all, there is no cost to the rider to use the shuttle and no limit to how often it may be used.

In brief, NIH will establish an environmentally neutral and aesthetically pleasing protective perimeter. Neighbors who used to walk through the campus to get to the Metro will now be provided convenient access around the campus to the Metro in generally less time than was needed for the walk. I think everyone involved did a wonderful job of cooperatively solving a potential dilemma. Let this be our model.

As new issues arise, and they will, we will each be repeatedly challenged to blend our collective intellect and compassion in ways that result in wise decisions in which we can take pride. I'm convinced we can continue to do just that, but I'm equally convinced it will not be easy. Advances in technology may in fact appear to make our lives easier and safer, but we seem to pay for that ease and safety with layer upon layer of additional complexity. We will have challenges that may push us to our limits, but our challenges will also provide us the opportunities for wisdom, decency and mutual respect. I truly do look forward to our continued collaboration.

NIH CAMPUS NEWS AND ACTIVITIES

New Director of OCL Named

On July 1, 2002, following the retirement of Janyce Hedetniemi, Tom Gallagher, Ph.D., became the new director of the Office of Community Liaison (OCL). Prior to coming to NIH, Dr. Gallagher most recently served in Washington, DC, as the principal deputy assistant secretary for budget, technology, and finance at the U.S. Department of Health and Human Services (DHHS).

Dr. Gallagher holds a B.A. in literature and an M.A. in mass communication and journalism from Central Missouri State University. He received his doctorate in educational research and psychology from the University of Kansas. His work in education began as a secondary school teacher in gifted education and literature. Dr. Gallagher also served as dean of learning design and development at Indianhead Technical College; the campus administrator of Western Wisconsin Technical College–Mauston; and the executive director of the Governor's Work-Based Learning Board in Madison, Wisconsin.

From 1988 until 1996, Dr. Gallagher and his family lived in Asuncion, Paraguay, where he established private clinics at which, for the first time in that country, special education and learning disability needs of pupils in kindergarten through high school were addressed. These clinics ultimately expanded throughout Paraguay and other areas of South America's southern cone. In addition to his work in education, Dr. Gallagher has held management positions with the University of Missouri-Kansas City, Nike, Inc., AT&T, and the State of Wisconsin.

At his first meeting with the Community Liaison Council on July 18, Dr. Gallagher shared his vision of the OCL's role and its activities with the council members. He believes, along with NIH Director Dr. Elias Zerhouni, that NIH should be the best neighbor it can be to the surrounding community. Already familiar with NIH and its mission from his work at DHHS, Dr. Gallagher looks forward to learning about the local community and plans to meet personally with as many of the community associations as possible over the next weeks and months.

Bringing to this job a strong commitment to small town values, he hopes that he can move his family to a neighborhood within walking distance of the campus. Currently, Dr. Gallagher, his wife Sonia, and 12-year-old twin sons, Mike and Jim, live in Chevy Chase. The twins are enrolled in Little Flower School in Bethesda.

New Clinical Trial to Reduce Nausea Associated with Chemotherapy

The National Center for Complementary and Alternative Medicine (NCCAM) recently launched a clinical trial to determine if electroacupuncture reduces the delayed nausea experienced by cancer patients following chemotherapy. Electroacupuncture is a variation of traditional acupuncture in which needles are placed in selected points and then pulsed with an electric current. Delayed nausea occurs in patients 24 hours to five days after undergoing chemotherapy. Unlike acute chemotherapy-induced nausea, which occurs in the first 24 hours following treatment, delayed nausea does not respond well to medication, and those medications which are used for it are known to

have unwanted side effects. The randomized trial will enroll 52 patients, aged 16 to 35 years, who have been diagnosed with pediatric sarcomas and are starting their first course of chemotherapy. Although patients will be divided into two groups, with one receiving actual electroacupuncture and the other a placebo version, both groups will receive standard anti-nausea drugs. Results are expected in approximately four years. To learn more about the trial, go to NCCAM's clinical trials Web site at <http://nccam.nih.gov/clinicaltrials>.

OCL "Shares the Health" with Its Neighbors at Free Health Forum

Join the NIH Office of Community Liaison for its fourth annual FREE community health forum, ***Share the Health: An Exposition of Health Resources from NIH to Its***

Neighbors. The event, which features health-related information, lectures, workshops, and screenings, will be held on Saturday, **October 26, 2002**, from 8:30 a.m. to 3 p.m. at the Natcher Conference Center in Building 45 on the NIH campus in Bethesda. The event promotes health through the prevention of disease by providing NIH's expertise and resources to the community.



Community members can have their blood pressure checked; attend health seminars led by NIH experts; collect health information on the latest NIH research; visit state-of-the-art exhibits by NIH institutes; access NIH's healthy Web sites and its links to reliable health information; learn stress-reducing relaxation techniques; use the Internet to find important health information online; and more.

Keynote speaker Dr. Richard J. Hodes, director of the National Institute on Aging, will outline the benefits of exercise for all age groups, and Margaret Richard, producer and host of PBS-TV's "Body Electric" exercise program will show participants how to exercise for vitality and to improve their quality of life.

Children and teens can explore the "Drunken Brain," an interactive exhibit including a giant brain model with flashing lights; learn about fire

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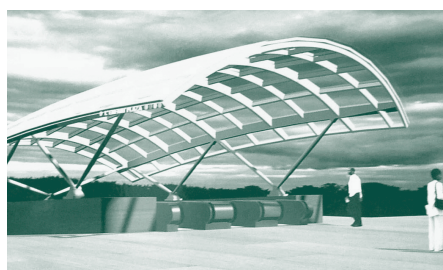
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prevention, good nutrition, and the hazards of mercury; tour NIH fire and rescue vehicles; see the NIH police canine team in action; discover children's healthy Web sites; and watch the classic Halloween movie, *Abbott and Costello Meet Frankenstein*, shown by the National Library of Medicine.

Save the date and plan to bring the entire family to the world's premier biomedical research facility, NIH, on Saturday, October 26, for a day of health activities. Sign language interpretation will be provided. For more information or to register, call the Share the Health Coordinator at Palladian Partners at 301-650-8660 (TTY users should call the Federal Relay Service at 1-800-877-8339), send an e-mail to tlamotte@palladianpartners.com, or visit our Web site at <http://sharethehealth.od.nih.gov>.

Medical Center Metro to Receive Canopy for Escalator

At the July meeting of the NIH Community Liaison Council, officials from the Washington Metropolitan Area



Artist's Rendering of Metro Canopy

Transit Authority (WMATA) announced that, under a pilot program, Medical Center will be one of the first three Metro stations to receive a new canopy to cover its outdoor escalator. WMATA officials stated that the purpose of the canopy program is to protect both Metro passengers and outdoor escalators from inclement weather. This protection could increase the useful life of the escalators from 15 to 25 years.

From more than 150 submissions, WMATA selected the canopy design created by Lourie & Chenoweth, LLC, a firm located in Silver Spring, Maryland. The new canopies will be placed over 46 of the 53 exposed entrances. WMATA officials stated that the construction of the canopy, which should occur this fall, is expected to take about three months and should be completed by the end of the year.

To learn more about the project, visit the WMATA Web site at <http://www.wmata.com> or call Joanne Ferreira at 202-637-7000. A brochure outlining the

specific work schedule and any detours or changes that construction may require will be available from WMATA soon.

Medicine for the Public Lecture Series Debuts This Month

If you are interested in the science behind the headlines, the "Medicine for the Public" lectures have much to offer this fall. Take advantage of this opportunity to hear lectures by NIH physician-scientists working in the forefront of medical research. These lectures, covering a number of current issues, new therapies, and innovations in diagnostic procedure, are presented at 7 p.m. on Tuesdays in the Clinical Center's Masur Auditorium, Building 10, on the NIH campus in Bethesda. All lectures are free and open to the public. For more information, call 301-496-2563 or send an e-mail to occc@cc.nih.gov.

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| September 17 | Bioterrorism
Pierre Noel, M.D.,
Warren Grant Magnuson
Clinical Center, NIH |
| September 24 | The Genetics of Speech and Communication Disorders
Dennis Drayna, Ph.D.,
National Institute on Deafness and Other Communication Disorders, NIH |
| October 1 | Coping with Anxiety and Depression in Uncertain Times
Dennis S. Charney, M.D.,
National Institute of Mental Health, NIH |
| October 8 | Nutritional Therapies for Age-related Eye Diseases
Emily Chew, M.D.,
National Eye Institute, NIH |
| October 15 | The Teen Brain
Jay Giedd, M.D.,
National Institute of Mental Health, NIH |
| October 29 | Endometriosis: Scrambled Eggs and Killer Cramps
Pamela Stratton, M.D.,
National Institute of Child Health and Human Development, NIH |

FAES Chamber Music Series Offers Outstanding 2002–2003 Season

In its 35th season, the Chamber Music Series of the Foundation for Advanced Education in the Sciences (FAES) offers a wonderful schedule of renowned performers and dazzling young artists of promise. All concerts take place on select Sundays at 4 p.m. (except where noted) at the Landon School Mondzac Performing Arts Center at 6101 Wilson Lane, Bethesda. Subscriptions for the entire series are \$220. Individual tickets go on sale two weeks before each concert for \$25. For more information, call 301-496-7976 or visit <http://www.faes.org>.

- October 6** Chamber Orchestra of Philadelphia with Ignat Solzhenitsyn, conductor and pianist
- October 20** Aurnyn Quartet with David Soyer, cello
- November 3** Prazak Quartet
- November 17** Peter Serkin, piano
- January 12** Viktoria Mullova, violin, Charles Abramovic, piano
- January 20** Radu Lupu, piano (Monday, 8 p.m.)
- February 2** Richard Goode, piano
- February 24** Wolfgang Holzmair, baritone, Russell Ryan, piano (Monday, 8 p.m.)
- March 2** Winner of Borciani Quartet competition
- March 23** Trio Fontenay

Come Back to Bethesda Benefits The Children’s Inn at NIH

Each year Bethesda becomes everybody’s hometown when Come Back to Bethesda brings out the crowds for its one-of-a-kind car show. Taking place on Saturday, October 5, 2002, from 11 a.m. to 4 p.m., the 12th Annual Come Back to Bethesda Car Show and Family Day benefits The Children’s Inn at NIH, a private, nonprofit residence for pediatric outpatients at NIH and their families. Over 100 custom, classic, antique, and modified cars and motorcycles will be on view with celebrity judges and awards in a

number of categories. Activities for the whole family include clowns, model car shows for the children, and “how to” shops and games for all ages. All events are free, but there is a registration fee of \$10 in advance and \$12 at the door for all vehicles entering the show. Entries are encouraged in a wide variety of categories, so if your car has just turned vintage or if you have some special model, consider entering the show. This outstanding car show takes place at Chevy Chase Cars, 7725 Wisconsin Avenue, in Bethesda. Refreshments will be available, and the Taste of Bethesda will be taking place just around the corner at the Woodmont Triangle. (See related article.) For more information, call 301-657-4001, ext. 1900, or go to <http://www.backtobethesda.org>.

NIH Recognized for Backyard Bird Habitat

The Audubon Naturalist Society’s monthly newspaper recently featured an article on NIH’s successful bluebird and songbird nest box initiative. Over the past two years, Lynn Mueller, chief of the Grounds Maintenance and Landscaping Section at NIH, erected 33 bluebird nest boxes and 17 songbird boxes to attract cavity nesting birds to the campus. These boxes were built, in part, to compensate for the loss of mature trees that may have housed cavity nesting birds. To date, the boxes have successfully attracted nesting birds, with several of the bluebird boxes having a second nesting this summer. Mr. Mueller and his staff monitor the boxes on the north part of the campus, while a retired neighbor monitors those in the south part. Thanks to all those who contributed to this successful endeavor.

NIH CALENDAR OF EVENTS*

- September 10**
Office of Research on Women’s Health (ORWH) Women’s Health Seminar Series: *Promoting Healthy Lives: Nutrition, Physical Activity, and Dietary Supplements*, 1–3 p.m., Lipsett Amphitheater, Building 10, NIH campus, free and open to the public. Call ORWH at 301-402-1770 for more information.
- September 11**
The NIH Director’s Wednesday Afternoon Lectures: *The Future of Life* by Edward O. Wilson, Ph.D., Harvard University, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information.

September 17
Medicine for the Public Lecture Series: *Bioterrorism* by Pierre Noel, M.D., Warren Grant Magnuson Clinical Center, 7 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call 301-496-2563 for more information.

September 18
The NIH Director's Wednesday Afternoon Lectures: *Biophysics of Protein-Protein Interactions* by Elizabeth A. Komives, Ph.D., University of California, San Diego, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information.

September 24
Medicine for the Public Lecture Series: *The Genetics of Speech and Communication Disorders* by Dennis Drayna, Ph.D., National Institute on Deafness and Other Communication Disorders, 7 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call 301-496-2563 for more information.

September 25
The NIH Director's Wednesday Afternoon Lectures: *The Dynamic Brain* by Terry Sejnowski, Ph.D., Salk Institute for Biological Studies, 3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. Call Hilda Madine at 301-594-5595 for more information.

September 26
Behavioral and Social Science Lecture Series: *Coping with 9/11: Reactions to a National Trauma*, 3–4:30 p.m., Wilson Hall, Building One, NIH campus, free and open to the public. Call Ronald Abeles at 301-496-7859 for more information.

** Call to confirm your events.*

OTHER NEWS AND ACTIVITIES OF INTEREST

The Play's the Thing at Area Theaters

Start the fall season by taking in a performance at one of the area's nearby theaters. This area is blessed with a number of performing arts companies of the highest caliber, offering a wide range of theatrical experiences. As the days grow shorter, turn to one of these theaters to take advantage of the longer evenings ahead.

Love and Anger by George F. Walker opens September 18, 2002, at the Round House Theater, located

at East-West Highway and Waverly Street, just one block from the Bethesda Metro. This is the story of an almost down-and-out attorney trying to change the world for the better. With its cadre of wild characters, the play is a comedy designed to fill the audience with laughter. Call 240-644-1100 for tickets and season subscription information.

Tomato Plant Girl by Wesley Middleton opens September 14 at the White Flint Mall stage of the Bethesda Academy for the Performing Arts (BAPA), level two next to Bloomingdale's, 11301 Rockville Pike, Bethesda. This is a gentle comedy for children about "Little Girl," who is being hounded by "Bossy Best Friend" until she gets help from the wonderfully imagined "Tomato Plant Girl." Show times are 3 p.m. on Saturdays and 12:30 and 3 p.m. on Sundays. Tickets are \$7.50. Call the box office at 301-881-5106 for tickets and information about the rest of the season.

Coffee with Richelieu by Norman Allen runs until September 22, 2002, at the Olney Theatre at 2001 Olney-Sandy Spring Road in Olney, Maryland. This is an historical romance based on *The Three Musketeers*, Dumas' timeless tale of intrigue, secret romances, and daring rescues. The dramatic possibilities are endless! Call 301-924-3400 for tickets and more information about the season.

A Harvest of Fall Festivals Offers Seasonal Bounty

As school starts and the weather turns cooler, festival time begins and each weekend offers various special events. Listed below is a sample of activities that fill the fall weekends.



Sixth Annual Music on the Farm Festival

On Saturday, September 21, from noon to 6 p.m., music will fill the barns at the Agricultural History Farm Park in Derwood, Maryland. Bring the family to enjoy a day of music, hayrides, food, and dancing. The Farm Park is located at 18400 Muncaster Road. For more information, call 301-670-4661.

25th Annual Takoma Park Folk Festival and Crafts Fair

Join residents of Takoma Park, Maryland, for a free one-day festival featuring seven stages of music and dancing, a crafts fair, children's games, international food, and more on Sunday, September 22. The festival is from 11 a.m. to 6:30 p.m. at the Takoma Park Middle School, 7611 Piney Branch Road in Takoma Park. For more information, call 301-589-3717 or visit <http://www.tpff.org>.

Magical Montgomery

On Saturday, September 28, from noon to 5 p.m., downtown Silver Spring will come alive with free music, dancing, and art projects. Dance to the beat of African drummers; sing along to live opera; and see Irish dancers and children's theater performances. Festivalgoers can also meet historical characters; sway to the rhythms of Latin salsa; shop at an artists' fair; and create a community arts project. Bring family and friends for an afternoon of good food and family entertainment. The event takes place at Fenton and Ellsworth Avenues. For more information, call 301-215-7227.

Spirit of Rockville

Residents of Rockville can show their spirit at a day-long festival at the Rockville Town Center on Saturday, September 28, from 9 a.m. to 4 p.m. The day starts at 9 a.m. with a Fall Harvest Festival at the Farmer's Market, followed by a Taste of Rockville at 11 a.m., with samples from area restaurants, along with continuous musical entertainment, dancing, children's games, and crafts. For more information, call 301-309-3340.

Taste of Bethesda

Don't miss the annual Taste of Bethesda on Saturday, October 5. Once again the streets of downtown Bethesda will fill with the aromas of delicious food, music by a variety of bands, and exhibits by local businesses. Sponsored by the Bethesda Urban Partnership, the festival takes place from 11 a.m. to 4 p.m. along Fairmont, Norfolk, St. Elmo, Del Ray, and Cordell Avenues in the heart of Bethesda's



Woodmont Triangle. Admission is free. Tickets for samples of food from dozens of participating restaurants are sold on site. For more information, call 301-215-6660 or go to <http://www.bethesda.org>. And don't forget the Come Back to Bethesda Car Show at Chevy Chase Cars on Wisconsin Avenue in Bethesda on the very same day. (See related article on page 5.)

Symposium on Breast Cancer at Suburban Hospital

Does breast cancer affect you or your loved ones? Learn more about how to cope with this disease at a symposium sponsored by Suburban Hospital on Saturday, September 28. "Living with Breast Cancer: Body, Mind, & Spirit" features a keynote presentation by Hester Hill Schnipper, chief of oncology social work at Beth Israel Deaconess Medical Center, as well as specialized workshops on nutrition, exercise, stress, sexuality, spirituality, and more. Held from 8 a.m. to 2 p.m., the event also offers a cosmetic and fashion makeover workshop sponsored by Saks Fifth Avenue Chevy Chase. Admission to the symposium is \$15 per person and includes a box lunch. Suburban Hospital is located at 8600 Old Georgetown Road in Bethesda. For more information or a registration brochure call 301-896-3939.

TRY THIS WEB SITE:

<http://www.firstgov.gov>

Making government information more accessible to everyone, this Web site is designed to be a one-stop, easy-to-use Web portal to all government online services. Click on this Web site and quickly find information and conduct business without needing to know which department or agency provides it. FirstGov helps cut through governmental red tape to find useful information, such as retirement benefits, student loans, marriage certificates, taxes, business laws, government grants, per diem rates, and more. The site serves as the official gateway to a wide range of information about the government and offers information specifically targeted to individuals, businesses, and federal, state, and local government employees.

VOLUNTEER OPPORTUNITIES

Middle-Aged Adults Needed for Study

College-educated, middle-aged adults are needed for a two-day outpatient study at the National Institute of Mental Health. Participation involves a blood draw and routine clinical neurological and cognitive procedures. A stipend is available. Inquire at 301-435-8970.

Healthy Women Needed for Ovarian Study

The National Institute of Child Health and Human Development needs healthy women aged 18–55 or 60 and older to participate in an ovarian function study involving five brief outpatient visits. Blood draws, ultrasound, and an injection of a natural body hormone are involved. To participate, women aged 18–55 must have regular periods. All candidates must have had a past pregnancy, be nonsmokers, and free from any regular medications, including contraceptives. Compensation is provided. Call 1-800-892-3276 to participate.

Healthy Identical Twin Adults Needed

NIH is conducting an immunological diversity study of healthy identical twins, ages 18–35, involving two brief outpatient visits. Participation may include a brief medical history and physical, blood draws, apheresis, and possible further questionnaires. Both twins must participate and be in good health. Compensation is provided. Call 1-800-892-3276.

Type Two Diabetics

NIH is seeking diabetic volunteers ages 18–65 on oral diabetic medications for screening of vitamin C blood level. To participate, candidates must be off vitamin C supplements for at least four weeks prior to screening. Payment is provided for blood level determination and participation. Possible eligibility for further studies depends on vitamin C level. Contact Gail Sullivan at 301-496-3244 for more information.

The OCL Update is available on our Web site at <http://ocl.od.nih.gov>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931. If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or send her an e-mail at tlamotte@palladianpartners.com.

Office of Community Liaison

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